



ST ALBAN'S RC HIGH SCHOOL
The Park, Pontypool, Torfaen, NP4 6XG

YSGOL UWCHRADD GATHOLIG SAIN ALBAN
Y Parc, Pontypwl, Torfaen, NP4 6XG

Headteacher: Michael Coady BSc.



2/10/15

Sky Living for Sport

Dear Parent / Guardian,

St Alban's has signed up to the Sky Sports living for Sport Programme. It is a free initiative open to UK & Ireland secondary schools that uses sports stars and skills learnt through sport to build confidence and develop life skills. On Friday 16th of October we will be running a series of activities aimed at getting pupils active, developing skills and building confidence. We will be joined on the day by Sky Ambassador Philippa Tuttiett who will run activities alongside our own schools sports ambassadors. Philippa is a past Welsh Women's rugby international, she has played in 3 World Cups, 6 European Championships, 7 Home Nations and 7 Six nations Championships. Activities will take place outside between 9am and 12.40pm. Pupils should wear their PE/Games kit to school and bring trainers. In the case of poor weather pupils should also bring suitable outdoor clothing. If you do not want your child to be photographed participating in the activities during the day please complete the slip below and return to school.

Yours sincerely

Rhys Barber
(Head of Physical Education)

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I do not give permission for my child(Name)..... to be photographed.
Signature Parent / Guardian: