



**ST ALBAN'S RC HIGH SCHOOL**  
The Park, Pontypool, Torfaen, NP4 6XG

**YSGOL UWCHRADD GATHOLIG SAIN ALBAN**  
Y Parc, Pontypwl, Torfaen, NP4 6XG

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**Headteacher:** Michael Coady BSc.

Dear Parents / Guardians of Year 8 Students

One of our key aims at St Alban's is to enable our students to learn and develop in the broadest sense. The St Alban's Festival provides a fantastic opportunity for staff and students to share a whole range of learning experiences.

The normal school timetable will be suspended for the week starting on Monday 10<sup>th</sup> July, and during that week the students will have the opportunity to take part in activities that we hope will be exciting and enjoyable. The students will not be expected to wear uniform and for some activities which are outside of the classroom such as climbing and inter house sport tournament, they will need to bring suitable clothing (this includes, football boots and shin pads and wet weather clothing). It is advised that designer clothing isn't worn, as some of the activities are quite robust and could result in some clothing being damaged. In addition, for some of the activities we will need parental permission for students to take part. The school day will start and end at the usual times and the canteen will be open as usual. A selection of the activities which are provided are overleaf (please note these are subject to change and not all activities are available on all the days).

The week will be broken up into 4 days:

Monday	Three activities from the list
Tuesday	Trip
Wednesday	Three activities from the list
Thursday	Sponsored Walk day
Friday	INSET

Please fill in the attached form to give permission for your son / daughter to take part in this exciting week! If you have any questions please do not hesitate to contact me at the school.

Yours faithfully,

Mr K Jones

PS follow us on twitter for information and regular updates @StarchsSch



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ACTIVITY	DESCRIPTION
XBOX Competition	Get your thumbs ready for the dramatic knock-out tournament. You're always told to spend less time on the play station, now's your chance to prove all those hours have paid off by playing FIFA 15 World Cup!
Bushcraft	You've seen 'I'm a celebrity' now is your chance to experience it close up. Bush craft teaches you the survival skills such as shelter construction, outdoor cooking and fire building. You may even get to eat some bugs! Activities organised and supervised in Pontypool park by the Forestry Commission
Cooking around the world	The chance to cook something and eat foods from the four corners of the world.
Powerlifting Experience	An insight and experience for of the fastest growing training methods! Training at the fully equipped Will Power Gym with professional instruction
Photography	Cant understand why your photos keep coming out blurry? Want to take top class shots? Here's your chance to learn how!
Games	Chess Championship, Rubiks Cube Championship, a War hammer Championship and Dungeons and Dragons all make for a stimulating experience.
Into film	Watch and analyse some of the greatest films of our time, if you want to be a film critic then this is the activity for you.
ART Workshop	Use your imagination, create a masterpiece.
Climbing Wall	Climb the Highest mountain for a great view. A temporary wall on the school playground with all appropriate safety harness and fully supervised by qualified staff.
Karate Kid	This energetic sport offers self-defence, fitness, flexibility, discipline and confidence-building. The activity is ran onsite by a local Karate Master!
Movie Make up	How do they make it look so real? Find out and have a go yourself!
Table tennis tournament	Who will be crowned king of the tables?
Guitar	Ever wanted to try the guitar? Whether you're a complete beginner or an expert there's always something new to learn
Indiana Jones Experience	Who has the guts to go on a hunt for the lost treasure of the Hanbury Family?! Someone surely can follow all the clues!
Inter-form competitions	Bragging rights are up for grabs, as are points for sports day in our inter form football and netball competitions.
Forensic Science	Ever wondered how criminals are caught? Then this is the one for you!!



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**IMPORTANT: PLEASE RETURN THESE FORMS TO YOUR FORM TUTOR ASAP**

Dear Parent / Guardian,

We need you to give permission for your son / daughter to take part in all the activities using this form. If you do not want them to take part in any particular activity please contact the form tutor to inform them. It may be necessary to contact you during the week for any number of reasons, please could you provide us with up to date information on the back of this letter.

Please now confirm you give permission by ticking the following statements:

I give permission for my son/daughter to take part in all the activities on site/in the park during Festival Week \_\_\_\_\_

I give permission for my son/daughter to take part in the Powerlifting Experience \_\_\_\_\_

I give permission for my son/daughter to take part in the Sponsored Walk \_\_\_\_\_

If you require any financial support / advice regarding festival week or the trips coming up, please contact the finance department at the school.

Signed : \_\_\_\_\_

Print Name: : \_\_\_\_\_

Pupil : \_\_\_\_\_

FORM GROUP: \_\_\_\_\_

Please fill in the back of this form and ask your son/daughter to return everything to their **form tutor by Friday the 23rd of June 2017**

Yours faithfully,

Mr K Jones



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<b>Name of Pupil:</b>	
<b>Date of Birth:</b>	
<b>Emergency Contact Information</b>	
Name of parent: Home tel. no.: Mobile no.: Work no.:	
Alternative contact: Phone Number:	
Please give details of any medical/dietary/allergies or other additional needs which need to be considered for your child during the day including any extra support that may be needed.	
It is vital that you provide as much detail as possible to allow us to plan appropriately for your child.	
Is your child allergic to any medication?	

I agree to my child taking part in the visits and have read the information letter. I agree to him/her participation in all of the described activities.

I understand that all reasonable care will be taken of my child during the visit/activity and that he/she will be under an obligation to obey all directions and instructions given and observe all rules and regulations governing the visit/activity.

I understand the code of conduct for the visit and the sanctions that may be used if my child breaks this code of conduct. I have discussed the code of conduct and sanctions with my child.

I understand that if my child seriously misbehaves or is a cause of danger to him/herself or to others, then I may be asked to collect him/her or he/she may be brought home early from the visit/activity. In such a situation there will be no obligation on the school/centre to refund any money.

If in an emergency I cannot be contacted, I agree to my son/daughter receiving medication as I have instructed in this form and any emergency dental, medical or surgical treatment, including anaesthetic or blood transfusion, as considered necessary by the medical authorities present. I understand the extent and limitations of the insurance cover provided.

I agree to inform the school of any updates to this form that occur before the week beginning the 10<sup>th</sup> July.

**Signed:** \_\_\_\_\_

**Full name: (block capitals)** \_\_\_\_\_

**Date:** \_\_\_\_\_



